## Off the Job Training (OTJT)

Learning the theory/professional knowledge through:	Practical training through:	Learning support time spent on:
<ul> <li>All aspects of the programme incl. FTF events</li> <li>Additional classes, workshops and lectures</li> <li>Additional online learning and webinars</li> <li>Relevant reading, podcasts, discussion fora</li> <li>Engagement with evidence and research</li> <li>Undertaking of own research</li> <li>Self-study time</li> </ul>	<ul> <li>Job shadowing</li> <li>Mentoring, coaching</li> <li>Departmental meetings</li> <li>Observing peers and managers</li> <li>Attending meetings</li> <li>Project work</li> <li>Professional network meetings</li> <li>Events and conferences</li> <li>Visits to wider parts of the organisation/department</li> <li>Visits to other organisations/departments/settings</li> </ul>	<ul> <li>Writing self-assessments</li> <li>Writing assignments (for any part of the programme)</li> <li>Reflective journals</li> <li>Revision</li> <li>Peer discussions</li> <li>Preparation for Assessments &amp; Exams</li> <li>Tripartite progress reviews and coaching (with APC and AM) that contain guided learning or support for the programme</li> <li>121 meetings with AM</li> </ul>



